

Callahan County Veterinary Clinic

INSTRUCTIONS FOR SKIN PROBLEMS/ALLERGIES

Did you know that allergies are a chronic disease that requires long-term treatment? Allergies can be managed though. Allergy management consist of allergy testing, treating symptoms, allergy injections, or completely avoiding the allergen all together.

Listed below are some helpful hints for skin problems:

- Muscle shirt or t-shirt to cover skin
- Add Omega 3 (fish oil) fatty acids on food
- Children's Dimetapp-grape flavored antihistamine/decongestant or Benadryl 1-2 times daily. For coughing give children's Robitussin-grape flavored
- Vitamin E capsule daily
- Bathe with flea shampoo or Aveeno oatmeal shampoo and/or rinse with children's chicken pox medicine
- Wipe skin/coat and feet daily with NON-ALCOHOL baby wipes
- Mix 1 teaspoon of household bleach to 1 quart of water. Sponge on or over affected areas
- Recheck in 2 weeks if no improvement